



## APPLICATION

### 200-Hour Purna Yoga Teacher Training

Course: Mar. 25 – Nov. 13, 2022 at Purna Yoga 828 (weekend format)

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

Phone Numbers - Main \_\_\_\_\_ Alternate \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_\_

Occupation \_\_\_\_\_

How did you hear about Purna Yoga College? \_\_\_\_\_

Have you done a yoga teacher training course before? If so, which one(s)? \_\_\_\_\_

How would you rate your overall health? \_\_\_\_\_

Do you have any current medical conditions? \_\_\_\_\_

YES, I am applying for a scholarship to be applied to tuition if awarded.

Check all that you would like to be considered for, knowing that only one will be granted.

Sincerity: Full Scholarship in exchange for 150 hours of service to the studio to be completed throughout the course of the training and no later than 6 months after graduation

Humility: \$1,000 Scholarship

Aspiration: \$500 Scholarship

**Please answer the following questions on separate paper (typed, no more than 2 sheets total please):**

1. What styles of yoga and meditation have you done and for how long? Which teachers have most inspired you?
2. Briefly describe your current asana, pranayama, and meditation practice. Include your current challenges and breakthroughs.
3. Have you taken any courses in Purna Yoga? If so, which one(s)?
4. Are you taking this course for personal enrichment or for professional training?
5. Do you currently teach yoga? If so, please describe your teaching style. If not, do you wish to teach yoga?
6. Why are you choosing a Purna Yoga Training? What do you hope to learn?
7. Answer this question if you checked the scholarship box on the first page. Scholarships are awarded on the basis of financial needs and merit. Why would you like to receive a scholarship? What skills can you offer the studio if pursuing the Sincerity scholarship?

Thank you!

## Submitting Your Application

Submit your application by March 7, 2022 to be eligible for any scholarships. Scholarships will be decided and awarded on March 14, 2022. Bring your completed application to the studio or mail to:

Purna Yoga College at Purna Yoga 828  
697 D Haywood Rd.  
Asheville, NC 28806

Include:

- Application (this 3-page document)
- Your typed answers to the questions above
- Your \$300 **non-refundable registration fee** (check or pay via card at the studio or online)

## Tuition and Fees

**\$300 non-refundable application fee - due with application**

**\$3,500 tuition**

We have **three payment plans**:

1. Pay in Full by March 18, 2022 (Bonus: a free 10-class pass to support your practice)
2. Pay in two installments of \$1,750 on March 18 and July 18, 2022
3. Pay in 12 installments of \$300 on March 18, 2022 and then on the Monday before the remaining weekends starting with April 11th and ending November 7th.

There is a small administrative fee if you chose this option.

## What Happens Next?

We will contact you by email by March 14 2022 to confirm your enrollment and announce the award of any scholarships.